UNIT 8

My Daily Activities: Describing Daily Routines

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| --- | --- |
| **Target Skills**  *(Keterampilan Utama)* | **Reading and Speaking** *(Membaca dan berbicara)* |
| **Supporting Skills**  *(Keterampilan Pendukung)* | **Listening and Writing** *(Mendengar dan menulis)* |
| **Learning Objectives**  *(Tujuan Pembelajaran)* | **You will able to:** *(Anda akan mampu melakukan hal-hal berikut)*   * Comprehend a paragraph about daily routines * Describe daily routines * Talk about daily routines |
| **Learning Activities**  *(Kegiatan Pembelajaran)* | 1. **S**tart:   Completing Word Search of Daily Routines   1. **M**aster it:  * Rearranging letters to form expressions of daily routines * Making a sentence using the words in each picture * Activities based on the time table.  1. **A**pply:  * Completing time table using expressions of daily routines * Retelling daily Making a time table of daily routine and talk about daily routines.  1. **R**eview: My Daily Activities 2. **T**ake note: Reading a note and discussing about developing good study habits. |

**Let’s Start 🏳**

**Activity 8.1. Daily Routine Word Search**

Look at the Puzzle. In the Word Search puzzle, find the expressions of daily routines on the list below. It can be written from left to right or right to left; from top to bottom or bottom to top. *(Perhatikan Puzzle berikut. Carilah ungkapan yang terkait dengan kegiatan rutin sehari-hari di bawah ini).*

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| **E** | **A** | **H** | **C** | **G** | **Y** | **K** | **S** | **Q** | **W** | **B** | **T** | **B** | **Y** | **H** |
| **T** | **Z** | **T** | **X** | **W** | **N** | **R** | **E** | **A** | **D** | **S** | **S** | **U** | **U** | **H** |
| **U** | **A** | **E** | **X** | **G** | **Y** | **K** | **D** | **E** | **W** | **E** | **A** | **M** | **J** | **L** |
| **P** | **Z** | **E** | **C** | **J** | **T** | **O** | **L** | **I** | **S** | **T** | **F** | **C** | **A** | **E** |
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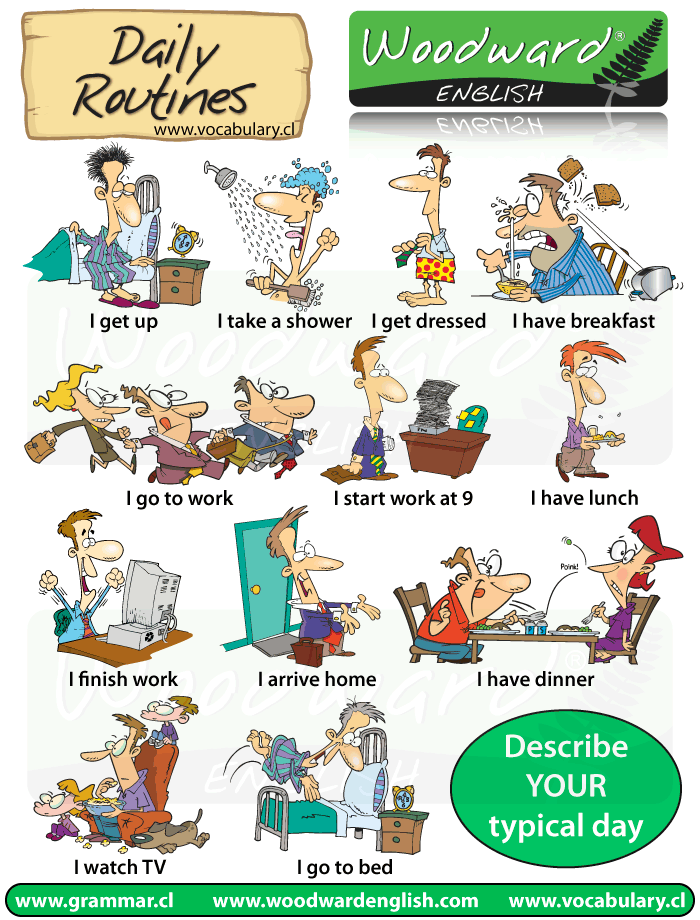
**Word list:**

|  |  |  |
| --- | --- | --- |
| Get up | Go to bed | Brush my teeth |
| Drive | Wake up | Work |
| Walk | Leave my house | Have breakfast |
| Have a shower | Read | Write |
| Chat | Eat | Drink |

**Let’s Master it 🗐**

**Activity 8.2. Rearranging letters to form Expressions of Daily Routines**

Look at the pictures. Below the pictures there are words that describe the daily activities. Rearrange the LETTERS to form words that describe each picture. *(Pelajari gambar-gambar berikut. Di bawah gambar-gambar tersebut terdapat kata-kata yang menggambarkan kegiatan terkait. Susun huruf-hurufnya untuk membentuk kata yang menggambarkan kegiatan terkait).*



**Picture 1 Picture 2 Picture 3 Picture 4**

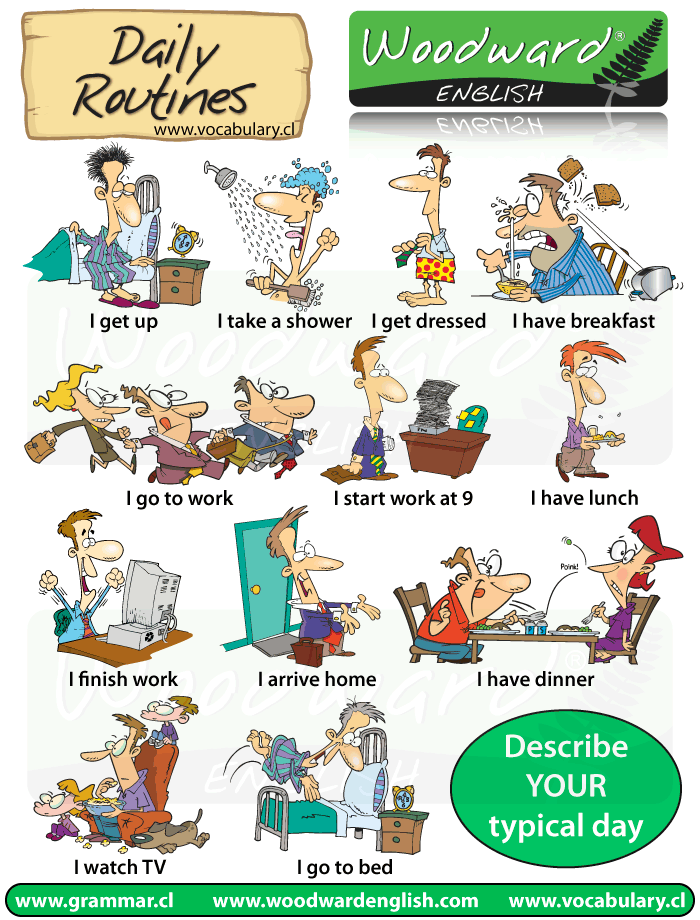
**Jumbled words Daily routines**

Picture 1. E G T P U \_ \_ \_ \_ \_

Picture 2. ATEK A HWORES \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Picture 3. TEG RDESESD \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Picture 4. EAHV RABKASTEF \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_



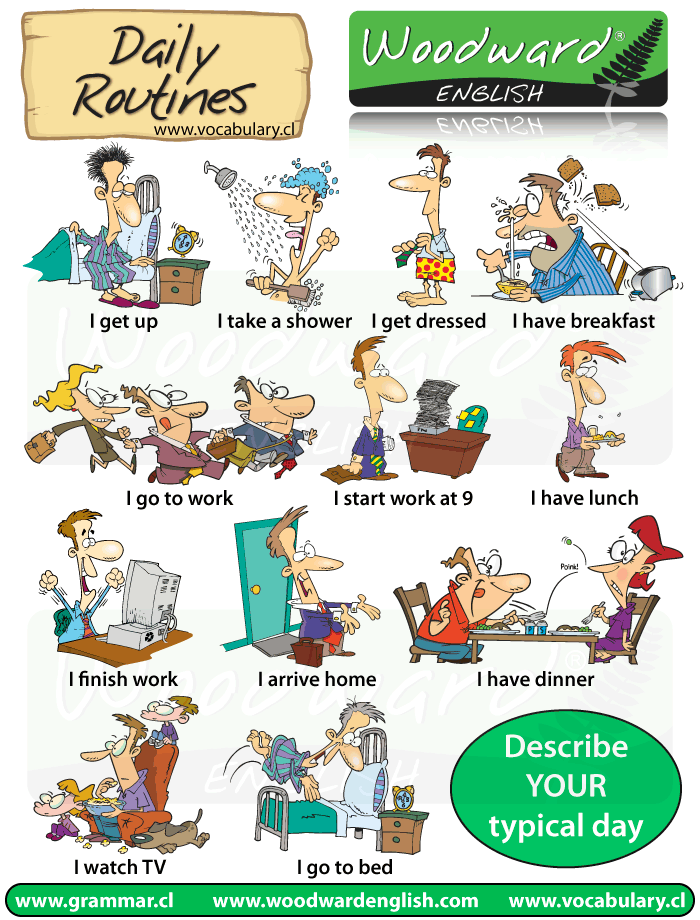
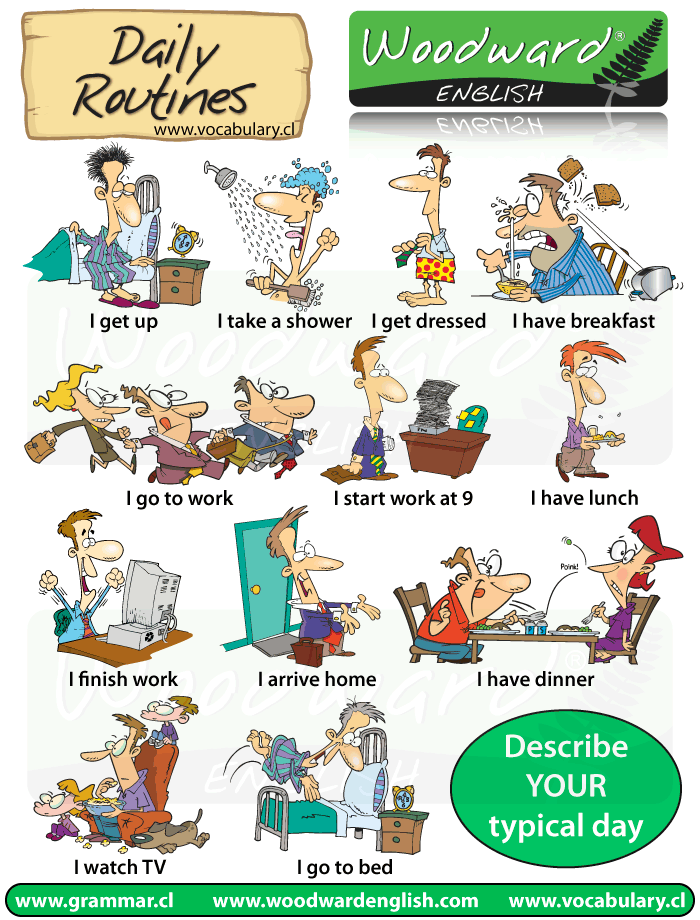
**Picture 5 Picture 6 Picture 7**

**Jumbled words Daily routines**

Picture 5. OG OT OWKR \_ \_ \_ \_ \_ \_ \_ \_

Picture 6. OWKR TA HTE FFIOEC \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Picture 7. EAHV UNHLC \_ \_ \_ \_ \_ \_ \_ \_ \_



**Picture 8 Picture 9 Picture 10 Picture 11**

**Jumbled words Daily routines**

Picture 8. VARIRE OHME \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Picture 9. VAEH INNDRE \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Picture 10. C ATWH VT \_ \_ \_ \_ \_ \_ \_

Picture 11. OG OT EBD \_ \_ \_ \_ \_ \_ \_

**Activity 8.3. Making Sentences**

Pick three pictures from the previous activity. Then, make a sentence about you using the expressions of daily routines in each picture. Look at number 1 as an example. *(Pilih tiga gambar dari kegiatan sebelumnya. Lalu, buatlah kalimat tentang anda sendiri dengan menggunakan ungkapan tentang kegiatan rutin di tiap gambar yang anda pilih. Lihat nomor 1 yang dicontohkan untuk anda).*

|  |  |  |
| --- | --- | --- |
| Picture No | Expressions of daily routines | Your sentence using the expression of daily routine |
| 1 | Get up | I get up at 5 o’clock every morning. |
| \_\_\_\_ |  |  |
| \_\_\_\_ |  |  |
| \_\_\_\_ |  |  |

**Let’s Apply 🗪**

**Activity 8.4. Donny’s Daily Routines**

Read the following paragraph about Donny’s Daily Routines. Then, complete the table below the paragraph. *(Baca paragraph berikut tentang kegiatan sehari-hari Donny. Lalu, lengkapi tabel di bawah paragraf).*

**DONNY’S DAILY ACTIVITIES**

My name is Donny. I usually **wake up** at 5.00 but I get up at 5.15 and **brush my teeth**. Then, I **pray**. After that, I **take a bath** and **get dressed**. At around 6, I **have my breakfast** and after that I **go to classes**. I **study** from 7.15 to 16.00. I have my **lunch break** from 12.00 to 13.00. During break, I **have lunch**, **review my lessons** and just **chat** with friends. I **go home** at 4.30 pm. At home, I **take a bath**, and then, I **watch TV**. At around 7 pm, I **have dinner**. Then, I **do my homework** and **go to bed** at 10 pm.

**DONY’S DAILY ACTIVITIES**

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| --- | --- | --- |
| **Morning Activities** | **Afternoon Activities** | **Evening Activities** |
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**Activity 8.5. Retelling Daily Activities**

Use the table in the previous activity to choose three activities (1 from each time of day) of Donny’s daily routines. Make a sentence using each activity. *(Gunakan tabel untuk memilih tiga kegiatan (1 dari tiap segmen waktu) dari kegiatan sehari-hari Donny. Buatlah kalimat untuk menggambarkan tiap kegiatan tersebut.*

**Donny’s Daily Routines**

Morning \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Afternoon \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Evening \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Let’s Review🔍**

**Activity 8.6 My Daily Activities**

Reflect on your own daily activities. List them down in the table below. Then, write a paragraph about your daily activities. *(Refleksikan kegiatan sehari-hari anda. Tuliskan kegiatan-kegiatan tersebut dalam tabel berikut. Kemudian, buatlah paragraph tentang kegiatan-kegiatan sehari-hari anda.*

**\_\_\_\_\_\_\_\_\_\_’s DAILY ACTIVITIES**

|  |  |  |
| --- | --- | --- |
| **Morning Activities** | **Afternoon Activities** | **Evening Activities** |
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**Let’s Take Note 🗎**

**DEVELOPING GOOD STUDY HABITS**



Students have a lot of activities to do: academic activities, social activities, sports activities and student life activities. All these activities have to be managed well so that the students will enjoy their time in campus and at the same time will be able to perform well in whatever they do. The key is developing good study habits. How to do this? Check out the following tips.

1. Choose the most convenient **study time** (early morning, late afternoon or evening time) and do it every day so that it can become a habit.

* You can allocate 1-2 hours a day to study.
* Set aside blocks of study time (about 30 to 45 minutes per block—depending on your ability for full concentration): During this time, you can review the lessons of the day (45 minutes), read the next lesson (45 minutes) and do your assignments (45 minutes), etc.

1. Choose the most comfortable **study area** just for studying. In the study area, get rid of anything that may distract your attention.
2. Create a **To Do List** weekly (at end of week or beginning of week).

* Be sure you can easily access the list: It can be a pin-up list in your study area, a time table in your planner, or even a calendar in your smart phone.
* Write down assignments that need to get done, including the DUE DATE.
* Check off (✓) items as you complete them.

1. Be smart to take advantage of the “open time windows.”

* Use time spend waiting, walking, long trip, class breaks, etc. to review what you’ve learned or what you will learn. For example, just before class, you can quickly review your notes or read a short article related to the subject matter.

1. Avoid procrastination and distraction

* Stick to the schedule that you have developed.
* When you develop a study schedule, be flexible but realistic. Allow time for short breaks.

If you can manage your time well, you will be able to do your best at the university while at the same time you can find time to enjoy relaxing time with friends.

**Activity 8.7. Discussion Questions**

*Discuss the answer to the following questions with a group of 3-5 students. (Diskusikan jawaban dari pertanyaan-pertanyaan berikut dalam kelompok 3 sampai 5 peserta).*

1. What is the best time of day where you can concentrate the most? Explain briefly.
2. Where is the most convenient place for you to study? Explain briefly.
3. Do you have any suggestions how to take advantage of “open time windows”?
4. What can distract your attention when studying? What will you do to overcome it?